# HELPFUL LOCAL AND NATIONAL

# PHONE NUMBERS

NOTE: THIS INFORMATION CAN CHANGE RAPIDLY. VERIFY THAT THE RESOURCES/NUMBERS LISTED BELOW ARE STILL ACCURATE.

Critical local phone numbers:

**ASAP (Adolescent Substance Abuse Program) . . . . . . (602) 434-0249**

**24 hour Community Information and Referral Service. . (602) 263-8856**

**AA Mesa . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (480) 834-9033**

**AA Phoenix . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 264-1341**

**Al-Anon and Alateen . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 249-1257**

**Cocaine Anonymous . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 279-3838**

**Narcotics Anonymous . . . . . . . . . . . . . . . . . . . . . . . . . . . (480) 897-4636**

**Adult Children of Alcoholics . . . . . . . . . . . . . . . . . . . . . . (602) 241-6760**

**Codependents Anonymous . . . . . . . . . . . . . . . . . . . . . . . (602) 351-3060**

**Community Bridges . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (480) 461-1711**

**Parents Anonymous . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 248-0428**

**Recovery, Inc. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (480) 990-0294**

**Teen Crisis Hotline . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 248-8336**

**Teens Talking to Teens . . . . . . . . . . . . . . . . . . . . . . . . . . (480) 784-1514**

**Teen Link (free recorded messages) . . . . . . . . . . . . . . (602) 235-9678**

**Mercy Maricopa -- Behavioral Health Crisis Line . . . . . (602) 222-9444**

#### Mercy Maricopa Member Services . . . . . . . . . . . . . . . . . . (602) 586-1841

# Arizona's Statewide Toll-free Child Abuse Hotline . . . . . 1-888-SOS-CHILD

**Arizona Stop Domestic Violence Crisis Line. . . . . . . . . . .1-800-786-7380)**

#### AIDS Prevention & Risk Reduction Program . . . . . . . . . . (602) 506-6850

More critical local phone numbers:

**TERROS . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 685-6002**

**Cocaine Hotline . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1-800-COCAINE**

**Runaway Hotline . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1-800-231-6946**

**Child Abuse Helpline . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1-800-422-4453**

**Center Against Sexual Assault Crisis Line. . . . . . . . . . . (602) 254-9000**

**Parents Anonymous of Arizona Crisis Line . . . . . . . . . . 1-800-352-0528**

**Baby Arizona (Assistance for Teem Moms) . . . . . . . . . . 1-800 833-4642**

**Nursery Consultants (free pregnancy testing,**

**health wellness, $ sexuality resources) . . . . . . . (602) 992-3299**

**DCS (AZ Department of Child Safety)**

**Child Abuse Hotline . . . . . . . . . . . . . . 1-888 767-2445**

**Arizona Department of Health Services . . . . . . . . . . . . . . (602) 230-5819**

**Alanon Locations**: North Scottsdale Fellowship Club 10427 N. Scottsdale Rd.

Nu-Hope Alano Club 9132 W. Cactus

Valley Alano Club 6425 E. Thomas

**ToughLove** **Parent Support . . . . . . . . . . . . . . . . . . . . . . . .** **(602)** **846-5464**

**Poison Control . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 253-3334**

#### Chrysalis Shelter (domestic violence shelter) . . . . . . . . . (602) 944-4999

**EMPACT (Emergency Mobile Pediatric &**

**Adolescent Crisis Team) . . . . . . . . . (480) 784-1500**

**Free Tobacco Cessation Classes . . . . . . . . . . . . . . . . . . . (602) 246-8049**

**Quit Tobacco Helpline . . . . . . . . . . . . . . . . . . . . . . . . . . . . (602) 995-9039**

**St. Luke’s Behavioral Health Center (24 hour hotline) . . (602) 251-8535**

**Salvation Army (emergency) . . . . . . . . . . . . . . . . . . . . . . . (602) 997-5034**

**Banner Behavioral Helpline (24 hour) . . . . . . . . . . . . . . . . (602) 254-HELP**

**Suicide Prevention Line . . . . . . . . . . . . . . . . . . . . . . . . . . . (480) 784-1500**

**Smart Recovery in Phoenix. . . . . . . . . . . . . . . . . . . . . . . . . (602) 393-2688**

# NATIONAL PHONE NUMBERS

# National Committee to Prevent Child Abuse: ****1-800-CHILDREN****

# National Domestic Violence Hotline ****1-800-799-SAFE (7233)**** & ****1-800-787-3224**** (TDD)

# Childhelp USA: ****1-800-4-A-CHILD****

# Gay/Lesbian/Bisexual/Transgender/Transsexual folk, call ****1-800-549-1749****

# Child Abuse National Hotline, call ****1-800-252-2873****, ****1-800-25ABUSE****

# CyberTipline for reporting the exploitation of children, call ****1-800-843-5678****.

# Cocaine National Hotline ****1-800-COCAINE****

# If you know of a child in immediate risk or danger, call ****1-800-THE-LOST****

# Elder Abuse Hotline, call ****1-800-252-8966****

# Friends of Battered Women and Their Children, call ****1-800-603-HELP****

# KID SAVE: Referrals to shelters, mental health services, sexual abuse treatment, substance abuse, family counseling, residential care, adoption/foster care, etc. ****1- 800-543-7283****

# KIDS PEACE: Parent and relative, concerned adults can call about mental health related problems--children and adolescents in crisis will be connected with a social worker for immediate help. Call ****1-800-543-7283****

# NAMI Helpline National Alliance for the Mentally Ill, call ****1-800-950-NAMI****.

# National Youth Crisis Hotline ****1-800-448-4663****

# National Child Abuse Hotline ****1-800-25-ABUSE****

# National Mental Health Assn. Provides free information on specific disorders, referral directory to mental health providers, national directory of local mental health associations, and a Stigma Watch. ****1-800-969-6642**** (M-F, 9-5 EST)

# National Institute of Mental Health Information Line: Provides information and literature on mental illness by disorder-for professionals and general public. ****1-800-647-2642****

# National Runaway Switchboard: Lists of shelters, counseling; food pantries, transportation. Suicide & crisis counseling. Message relay from kids to parents, 3-way calls arranged. ****1-800-621-4000****

# NineLine Nationwide crisis/suicide hotline. for runaways and homeless youth and their families. Provide short term counseling over the phone. Sponsored by Nine Line/Covenant House. ****1-800-999-9999****

# SAFE (Self-Abuse Finally Ends) ****1- 800-DONT-CUT**** ****1-800-366-8288****

# Youth Crisis Hotline: Crisis hotline and information & referral for runaways or youth in crisis. ****1-800-HIT-HOME****, ****1-800-448-4663****

# To Report Child Abuse ****1-800-4-A-CHILD****