

## HOME DRUG TESTING INFORMATION FOR PARENTS . . . . .

Revised 3-12

ASAP, the Adolescent Substance Abuse Program, conducts random and for-cause urine drug testing, when judged necessary, with all youth in treatment in the ASAP Program.

But be advised urine drug testing has limitations. Urine drug testing is not perfect. Not every youth will always be “caught” by use of urine drug testing. Not all drugs are commonly tested for, some are very difficult to detect, some drugs can be masked, and many young people attempt to use a variety of techniques to hide their continuing use.

Also of concern is the simple fact that more and more drugs now do not stay in the body long enough for us to have a chance to “catch” youth who are using addictive substances when they only come in for outpatient treatment at ASAP three evenings per week.

For these reasons we now advocate that parents conduct their own urine drug testing with their son/daughter, beginning immediately. Everyone living in your home must abide by your rules—and one of the rules has to be “No Addictive Substance Use.”

Among the places where home drug testing kits can be purchased are the following:

1. Drug Test Systems (online) <http://www.drugtestsystems.com/>
2. Drug Tests in Bulk (online) <http://www.drugtestsinbulk.com>
3. Drug Testing Information (online) <http://www.drugtestinginformation.org/>
4. Norchem Drug Testing [www.norchemlab.com](http://www.norchemlab.com) 1 800 358-4422

These companies and this information may, or course, change from time to time. But you get the idea. Home drug testing kits can be found in the yellow pages, on the Internet, from your physician, lots of places. We recommend that parents use urine drug screening at home with all youth that have used addictive substances. Urine drug testing at home should become just a routine part of your parenting plan in addition to counseling.