

ADOLESCENT SUBSTANCE ABUSE PROGRAM

Substance Abuse Education, Treatment, and Prevention for Adolescents and their Families
4222 East Camelback, #230H, Phoenix, Arizona 85018
Phone: (602) 953-ASAP or (602) 953-2727 Fax (602) 996-2448

WHY CHOOSE ASAP?

ASAP stands for Adolescent Substance Abuse Program. The Adolescent Substance Abuse Program is owned and operated by three psychologists who specialize in the outpatient treatment of adolescent substance abuse: Curtis Walling, Phil Lett, and Mark Rohde. These three psychologists have joined together to build Arizona's finest treatment program for adolescents suffering with substance abuse problems. Some of the sources of excellence at ASAP include the following:

- ✓ Four outpatient treatment facilities are strategically located to provide coverage to the entire Phoenix metropolitan area:
 - 2530 S. Alma School Road (Celebration of Life Church) in Mesa, serving the East Valley
 - 3839 E. Shea Blvd. In Phoenix, serving Phoenix, the Northeast Valley and Scottsdale
 - 6153 West Olive in Glendale, serving the West Valley
 - 5702 N. 35th Avenue in Phoenix, also serving the West Valley
- ✓ The ASAP IOP (Intensive Outpatient Program) is 10 weeks in duration. Adolescents attend group therapy three evening sessions per week. Parents are required to attend one of these three sessions each week in Multifamily therapy. Random and for-cause urinalysis is conducted to assess adolescents' possible substance use and monitor treatment compliance.
- ✓ A research-based "ASAP Curriculum" is utilized as the basis of instruction at each site to guide the education, coping skills training, and emotional healing of substance abusing adolescents. Only proven interventions are accepted as part of the ASAP curriculum. This "best practices" focus is constantly updated to reflect the latest research and clinical evidence regarding "what works" in the treatment of adolescent substance abuse.
- ✓ ASAP is designed for maximum cooperation with referral sources and other treatment facilities. Specialized report forms and reporting mechanisms have been designed to direct necessary clinical information to referral sources and case managers for ongoing review.
- ✓ Close Aftercare follow-up is maintained of all ASAP graduates for one year to monitor progress and problems and make suggestions to the teen and family regarding best use of available resources. The ASAP CQI (Continuous Quality Improvement) process ensures the effectiveness of the program. Satisfaction Surveys are collected from adolescents and parents at discharge, and follow-up Outcome Studies are conducted at regular intervals following graduation to assess the long-term efficacy of ASAP treatment and suggest improvements.

**To refer a teen for outpatient treatment or for more information, call the
ASAP Intake Coordinator Sue Yoder at (602) 953-2727**