

Why do Practicum Students and Interns Choose the ASAP Program??

ASAP, the Adolescent Substance Abuse Program, has for years been a very popular training site for interns from many graduate programs across the Valley. Here are some of the reasons why:

- ❑ Every imaginable adolescent disorder and family dynamic sits directly beneath the identified problem of “substance use.” As a result, trainees get the widest possible exposure to adolescent disorders and family dynamics of every type, as youth and their parents are required to attend treatment together at ASAP. Trainees learn far more than just substance use treatment techniques, and typically leave feeling competent with families as well.

- ❑ All ASAP programming is held evenings from 6pm to 9pm, to accommodate youth who are in school and parents who work. This schedule also, coincidentally, fits quite well with many students’ demanding schedules as they seek excellent training placements

- ❑ Group therapy is the treatment of choice at ASAP, as the research and our clinical experience indicates that the power of positive peer pressure is a critical agent for change. Group therapy training opportunities are notoriously difficult to find elsewhere

- ❑ ASAP has 4 sites located across the Valley to provide geographic coverage to the entire population of the greater Phoenix metropolitan area. Students living or working in numerous Valley communities can find a convenient placement with ASAP.

- ❑ Master’s and Doctoral students from other graduate programs are enrolled in training at ASAP simultaneously, maximizing learning opportunities and making effective group supervision possible.

- ❑ The ASAP Curriculum, our 400+ page treatment manual, introduces students to a variety of proven interventions that they can choose from as they build their own theoretical orientations and models for success with our client population

- ❑ By far the most common source for ASAP employees is former trainees. By the time trainees finish their practicum or internship they have often proven themselves able to work independently with our uniquely difficult population, and we are pleased to hire many former trainees at that point.

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